



Children of Mongolia

The country of Mongolia is located in East-Central Asia, between Russia to the north and China to the south. Children there grow up eating Mutton (sheep), Guriltai Shol (mutton noodle soup), biscuits called Boortsog made from flour and water then boiled in oil, and few vegetables. Of the people in Mongolia, 50% follow Tibetan Buddhism, while 40% claim no religion, 6% say they are Shamanist or Christian, with 4% claim Islam. Pray that God will bring this country and it's people to love Jesus, to know Him and experience a true restoration in Him. Pray for the strength of the Christians living there as they reach out with Jesus' love to people around them.

Pain



Devotion: No one likes the feeling of pain and suffering. These are things that hurt and we don't like to hurt. God teaches us that in our pain there is One who understands because He has endured the most pain a human being can suffer from, His name is Jesus, and He gave His life for you and me. Whenever we are hurting, we can turn to Jesus and share it with Him, He can handle our pain. God also teaches us that even while we are in the midst of our pain and suffering we can still bring glory and honor to Him by sharing with others how God is working in our lives and how He is comforting and caring for me. We can be strong, because God will restore us and make us firm and steadfast in Him.

Activity: Read your Bible then create your tune to this song:

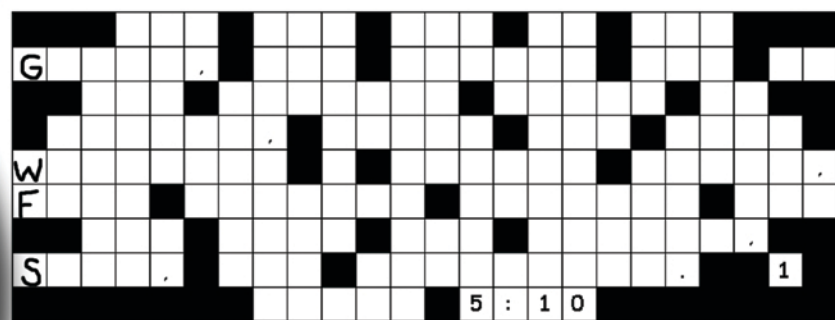
"If you read your Bible and pray every day you will: grow, grow, grow But if you neglect your Bible and forget to pray you will: shrink shrink, shrink So we will read our Bible and pray every day so, we grow, grow, grow."

Start the song in a scrunched position and each time you say "grow", grow taller and taller, then when you say "shrink", shrink back down some each time you say it. You can repeat each line several times so you can grow as fast as you like, or shrink, and it will help the children remember the song faster.

Record in your journal your favorite thing you did, or saw, or ate today. Write down someone you would like to pray for.

One of God's Promises

"And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast."
1 Peter 5:10



Fill in the crossword puzzle with the vertical clues from below.

Vertical clues:

- 1. I A E A F D
- 2. R A P K T Y A Y
- 3. H C E I W D A R I T E O O O U
- 4. R H L E A N E R F T E L G L O U T N A
- 5. G C L F I H E M S A S C E R T O F R R H L V O
- 6. W U F M S S M T E O L L O D L S T O W E I Y T
- 7. F I A N N D T D H E E T L U D S E S Y H G L E U
- 8. S I A R D R E T H E N G O A E L T R A L I N E O

